BONUS PAGES

Aquarius Affirmations Journal

Bonus printable pages for Aquarius

Print as many copies as you like for your own use. Thank you for reading.

Aquarius Affirmation Cards

Cut them out. Keep one on your mirror each month.



Mattering Too

Aquarius, I'm allowed to matter too, and I stop putting myself last today.



Honest Boundaries

My boundaries aren't walls. They're a gate, and I decide who walks through.



Answering The Ones I Love

I reply to the people I love, even when I'm slow, because they matter to me.



Patience With Progress

Good things take the time they take, and I stay steady while they grow.



Open Sky Movement

I move in ways that feel good, and I treat my body like a friend.



Setting Things Down

I set down what's heavy, and I don't go back to pick it up.

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Confident Quirks

I'm a little odd, and it's my favorite thing about me.



Declining The Group Plan

My no can be short and friendly, and I do not owe the crowd a long explanation.



Silly And Safe

I let myself be ridiculous around people who make me feel safe.



Odd One Out Proudly

Not everyone needs to understand me, and I'm okay with that.



Unplugging From Signals

I don't have to rush to prove anything, and I move at my own pace.

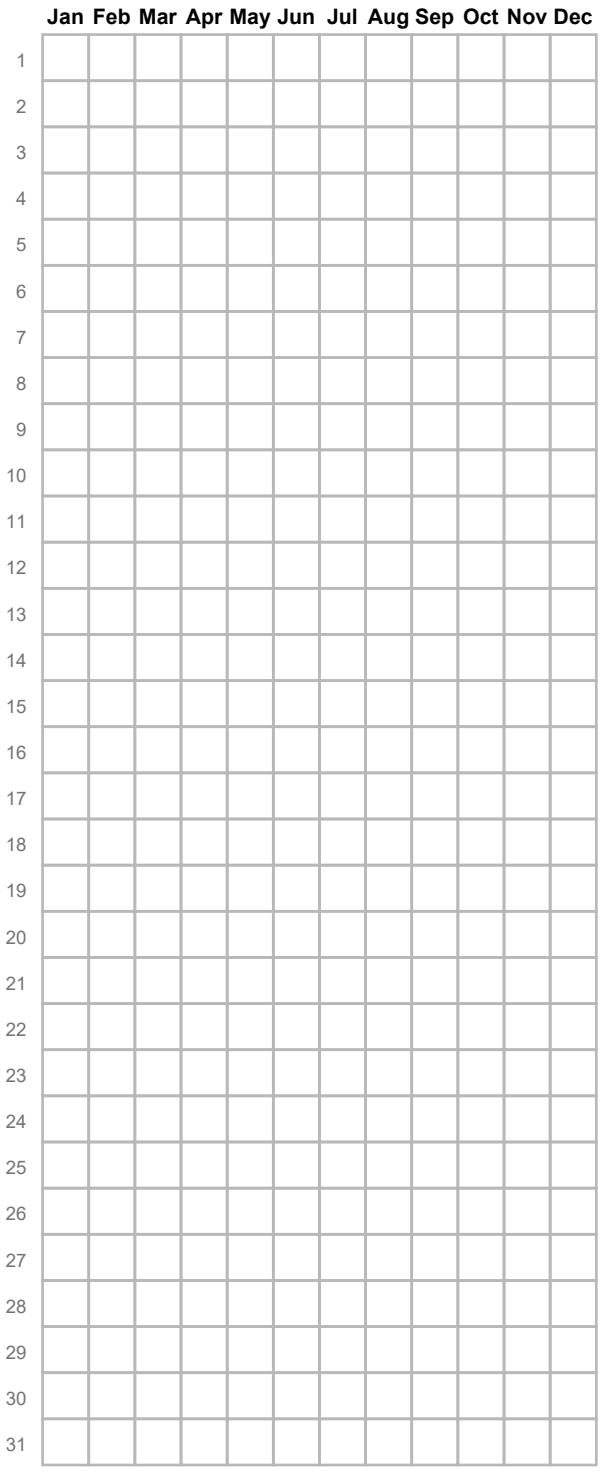


Counting Small Wins

I count my small wins, because they add up to a life I love.

My Year in Moods

Color one square a day: a color for great, one for ok, one for low.



☐ great ☐ ok ☐ low

10 Aquarius Traits

1. Original

You think in ways nobody taught you, and that is exactly why people listen.

2. Generous

You cover the table and mean it, then quietly check your bank balance at home.

3. Selective

You keep two hundred friends and a tiny circle, and you know exactly who is who.

4. Elusive

You can vanish for weeks to recharge, then return like no time passed at all.

5. Funny

Your humor makes you everyone's good time and keeps your deeper side safely tucked away.

6. Honest

You rarely lose your temper, but when you do, the truth arrives with receipts.

7. Loyal

When someone treats you right, you will do absolutely anything for them.

8. Stubborn

Once you are done, you are done, and no apology can reopen that door.

9. Steady

You are the first call in a crisis and somehow still the weird one at the party.

10. Independent

You build your own table quietly instead of begging for a seat at theirs.

Monthly Check In

Three things that went right this month

Something I said no to, and how it felt

The affirmation I needed most

One small thing for next month