BONUS PAGES

Aries Affirmations Journal

Bonus printable pages for Aries

Print as many copies as you like for your own use. Thank you for reading.

Aries Affirmation Cards

Cut them out. Keep one on your mirror each month.

♈

Fresh Start Fire

I'm an Aries, and every day is a clean page I get to light up my own way.

♈

Rest Is Productive

Aries, rest isn't quitting. I recharge so my fire burns clean instead of burning out.

♈

Ride Or Die Circle

I don't need twenty friends. I treasure the few who'd truly ride with me at 2am.

♈

Courage Out Loud

Aries, courage is my first language. I speak up even when my voice shakes.

♈

Home Sweet Haven

My home is my recharge station, and it only has to feel good to me.

♈

Wind Down Wisdom

Aries, I'm allowed to end the day without fighting it. Sleep is part of my strength.

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Letting Go Lightly

I set down what's heavy and I don't look back. My exit is final and peaceful.

♈

Quiet Confidence

I don't have to be the loudest to be sure of myself. My presence speaks.

♈

Starting Over Again

Starting over doesn't erase me. As an Aries, I rebuild faster than I ever give myself credit for.

♈

Peace Over Proving

I don't have to win this one. Peace is a win I can count.

♈

Trust My Gut

My gut speaks early and clearly. I listen first and explain later.

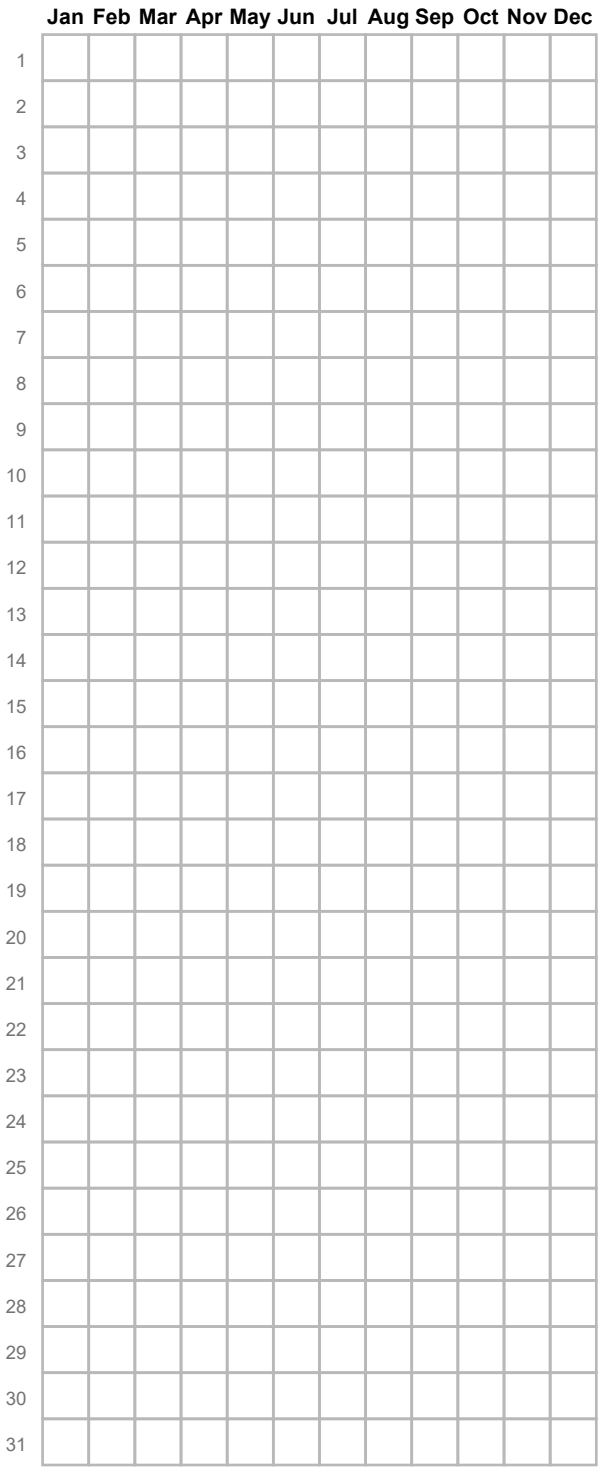
♈

Standing My Ground

I stand up for myself calmly, clearly, and without apology. My voice is enough.

My Year in Moods

Color one square a day: a color for great, one for ok, one for low.



☐ great ☐ ok ☐ low

10 Aries Traits

1. Fearless

You jump first and figure out the landing on the way down, and it works.

2. Blunt

You hand people the truth raw, and honestly, most of them needed it.

3. Loyal

Three people would get your 2am call, and they'd get everything you've got.

4. Intuitive

You clock fake energy before the sentence ends, and you're rarely wrong.

5. Restless

You're not impatient, it's just that everyone else moves slower than your plans.

6. Private

You post what you want and still keep the real story to yourself.

7. Resilient

When you get hurt, you don't crumble, you rebuild into someone sharper.

8. Stubborn

You dig in your heels, and sometimes that's exactly why the mountain moves.

9. Generous

You give big and quick, then quietly wonder who's looking after you.

10. Spontaneous

You nap ten minutes and wake up ready to start a whole new chapter.

Monthly Check In

Three things that went right this month

Something I said no to, and how it felt

The affirmation I needed most

One small thing for next month