BONUS PAGES

Leo Affirmations Journal

Bonus printable pages for Leo

Print as many copies as you like for your own use. Thank you for reading.

Leo Affirmation Cards

Cut them out. Keep one on your mirror each month.



Worth Without Applause

I don't need a crowd to prove I'm worth the room I walk into.



Lion Heart Love

I deserve love that matches the energy I pour out, not a smaller version of it.



Patience Is Power

I let good things take their time, and I stay warm while I wait.



Work That Frees Me

Leo, I want work that respects my gifts and leaves room for my freedom.



Family Without Fixing

I love my family and I don't have to fix them to do it.



Misunderstood And Fine

I stop explaining myself to people who have decided not to listen.

Leo Affirmation Cards

Cut them out. Keep one on your mirror each month.



Tiny Victory Laps

I take a victory lap for small wins, because they count too.



Loyalty With Limits

My loyalty is a gift, and I give it to people who treat it that way.



Mirror Pep Talk

I give myself the same pep talk I give everybody else, with the lights on.



Money Without Guilt

I spend on what matters to me without guilt, and I save with a plan.



Being Seen

I ask to be appreciated out loud, and I don't call that needy.

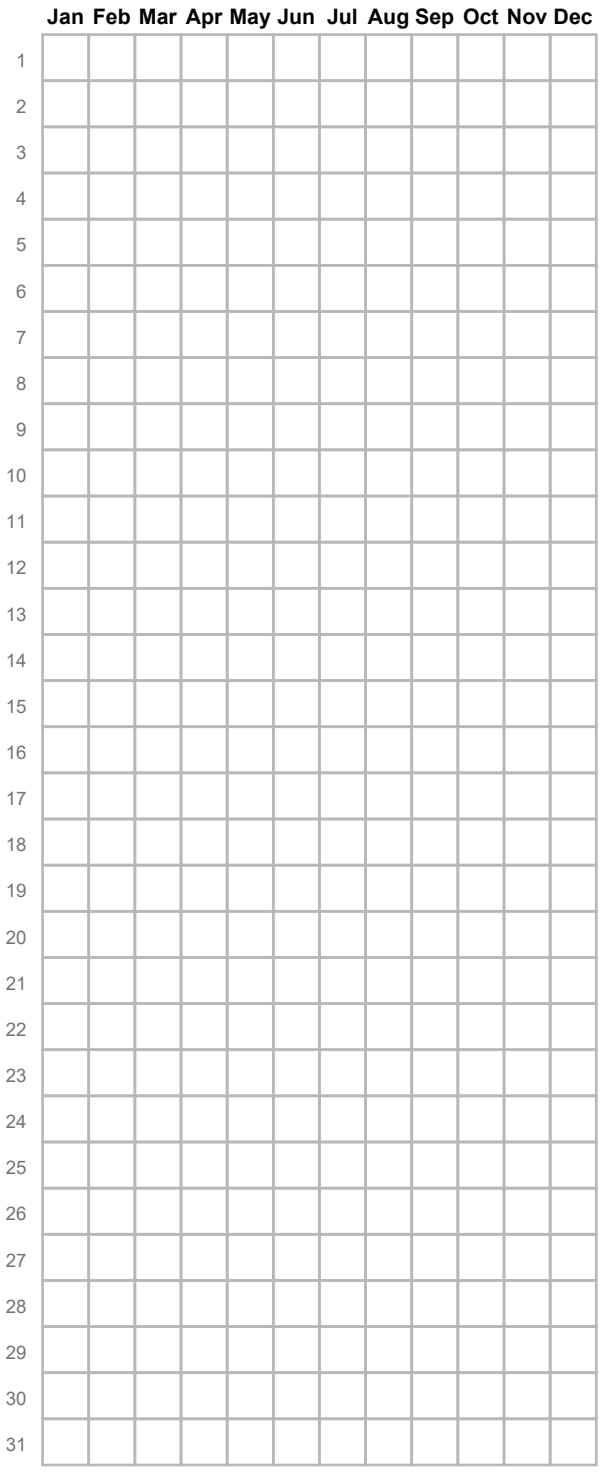


Stubborn Strength

My stubborn side is also my staying power, and I use it wisely.

My Year in Moods

Color one square a day: a color for great, one for ok, one for low.



☐ great ☐ ok ☐ low

10 Leo Traits

1. Generous

You'll cover the whole table and never mention it, though you do remember who never paid you back.

2. Loyal

You give unlimited loyalty, and you leave only when trust is gone, never for someone shinier.

3. Magnetic

You find the best lighting, take over the aux cord, and somehow everyone is glad you did.

4. Perceptive

You feel a change in someone's tone before they say a word, and you're rarely wrong.

5. Proud

Your pride keeps you standing tall, and it also keeps you from asking for the help you deserve.

6. Stubborn

You're fixed in your ways because you know what you want, and honestly, that's a strength most days.

7. Dramatic

A five minute face mask becomes a full production, and honestly, we're here for the show.

8. Tender

You cried at the trailer, then acted fine by the movie, and your heart is the soft kind.

9. Victorious

You win the argument four texts ago, then let everyone else enjoy their victory lap.

10. Restored

A twenty minute nap and you wake up ready to run the whole friend group.

Monthly Check In

Three things that went right this month

Something I said no to, and how it felt

The affirmation I needed most

One small thing for next month