BONUS PAGES

Taurus Affirmations Journal

Bonus printable pages for Taurus

Print as many copies as you like for your own use. Thank you for reading.

Taurus Affirmation Cards

Cut them out. Keep one on your mirror each month.

♉

Already Standing Here

I already own the ground I'm standing on, and I don't need anyone's permission to stay.

♉

Saying It Out Loud

I speak up once, clearly, before silence becomes the only tool I reach for.

♉

Money Calm

I make money choices from a steady place, not from fear or comparison.

♉

Releasing the Debt

I can let go of what someone owes me without pretending it never happened.

♉

Enjoying Every Bite

Taurus loves a good meal, and I enjoy my food without a side of guilt.

♉

Closing Doors Clearly

I can close a door with clarity instead of vanishing into silence.

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Right and Gracious

I know when I'm right, and I can let others catch up at their own speed.

♉

Fresh Start

I can begin again, and I bring my best habits with me.

♉

Trusting My Gut

Taurus knows. I trust the quiet knowing in my gut, because it's been right more than I admit.

♉

Mornings I Deserve

I deserve a slow, soft morning, and I can build one a little at a time.

♉

Treating Myself Well

I treat myself the way I treat someone I adore.

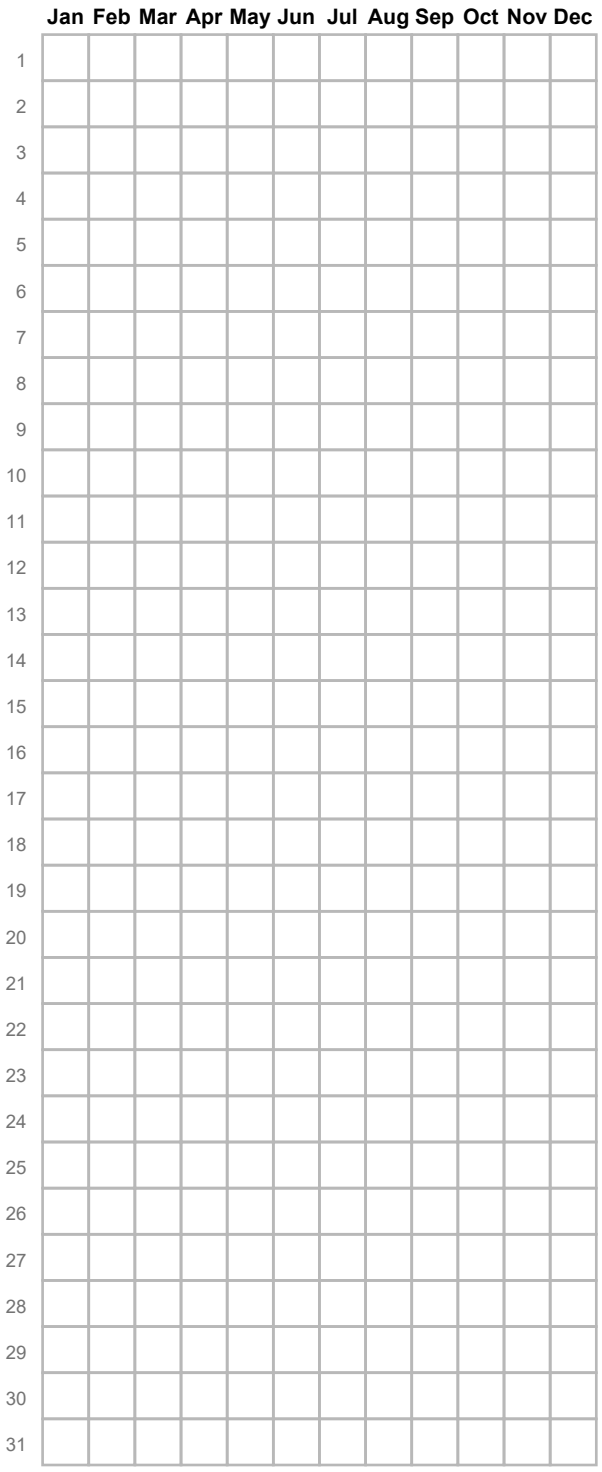
♉

Beauty Around Me

I notice beauty in small places, and I give myself time to enjoy it.

My Year in Moods

Color one square a day: a color for great, one for ok, one for low.



☐ great ☐ ok ☐ low

10 Taurus Traits

1. Loyal

You stay with people and decisions long after everyone else has wandered off.

2. Grounded

You already own the ground you're standing on, so the wind doesn't move you.

3. Observant

You hug hello and still catch the fake excitement in someone's voice.

4. Sensual

Soft blankets, good meals, and the same perfect mug make your world feel right.

5. Decisive

Once you're done, you're done, and that clarity saves you a lot of energy.

6. Quiet

You fix the problem silently and let the results do the talking.

7. Guarded

Your feelings make perfect sense in your head, and saying them out loud takes real courage.

8. Restless

Bored Taurus energy means the couch moves and the whole room gets a new life.

9. Remembering

You never forget who checked on you, or who said they'd pay you back in March.

10. Restful

Your nap is sacred, and honestly, you've earned every single minute of it.

Monthly Check In

Three things that went right this month

Something I said no to, and how it felt

The affirmation I needed most

One small thing for next month