BONUS PAGES

Virgo Affirmations Journal

Bonus printable pages for Virgo

Print as many copies as you like for your own use. Thank you for reading.

Virgo Affirmation Cards

Cut them out. Keep one on your mirror each month.



Clean Slate Mornings

I begin again without grading how I did before. Today counts, even if it's messy.



Quiet Boundaries

My boundary isn't a punishment. It's the clean edge that keeps me kind.



Midnight Cleaning

When I'm upset, I feel it first, then decide if the counters really need to pay.



Calm With Money

I look at my numbers with a steady head, not a clenched jaw.



Speaking Up

Virgo, I speak up when something's wrong, even when everyone else lets it slide.



Trusting Your Gut

I trust the timeline I've quietly built, and I trust the feeling that started it.

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Checklist Victories

I count the small things I finish, even the ones nobody saw.



Clocking Out

I do excellent work and I log off on time.



Plans Run Late

My plan is a guide. When people run late, the day can still be good.



Sharing The Workload

I ask for help before I'm worn out, not after.



Built In Layers

Good things get built in layers, and right now I'm in the layers.

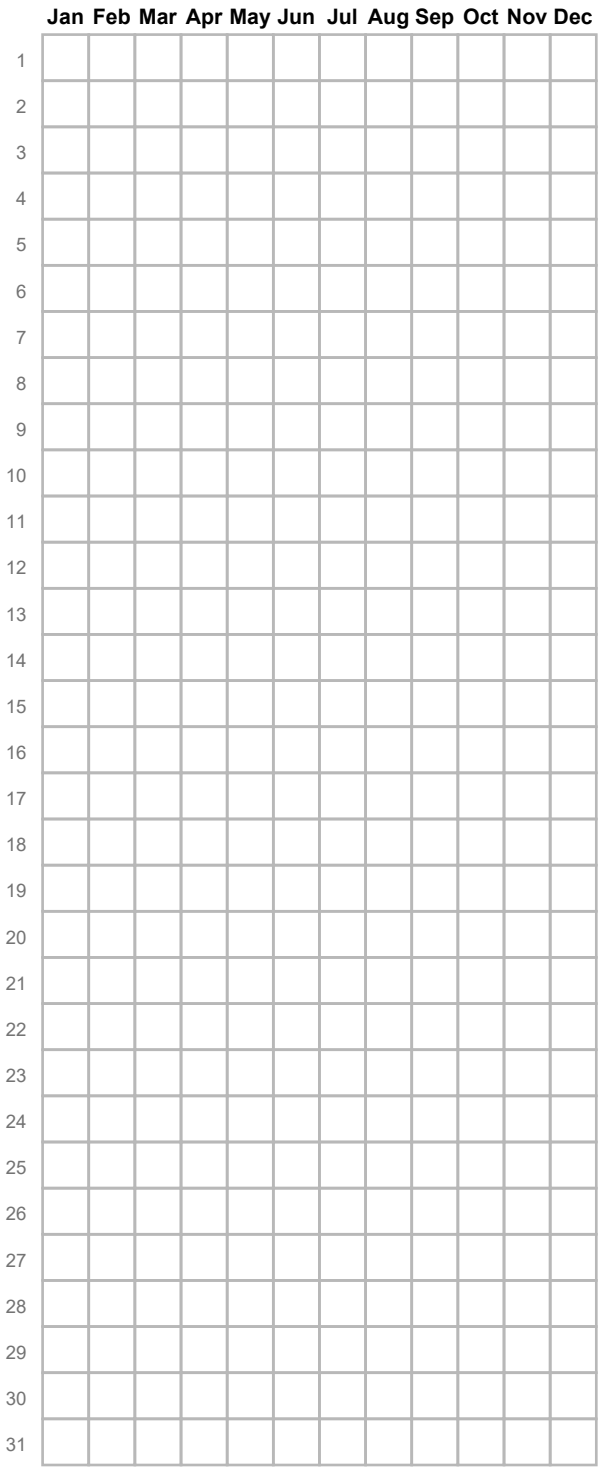


Kinder Inner Voice

I talk to myself the way I'd talk to my best friend.

My Year in Moods

Color one square a day: a color for great, one for ok, one for low.



☐ great ☐ ok ☐ low

10 Virgo Traits

1. Observant

You catch the small detail everyone else walks right past, and you remember it too.

2. Loyal

When you love someone, it's all in or all gone, never half.

3. Particular

Your standards aren't picky, they're earned from watching things fall apart when nobody checked.

4. Private

You aren't cold, you just stopped performing feelings for people who only show up when it's easy.

5. Dependable

People text you when things break, because you already know where the right tool is.

6. Analytical

You build a quiet timeline in your head and trust it over any vibe.

7. Delayed

Your anger arrives three days late, fully researched, with footnotes attached.

8. Restless

When you're bored, the spice rack gets alphabetized and nobody gets a vote.

9. Honest

You said what everyone else was thinking, and you paid for it. You'd do it again.

10. Generous

You show love with plans, fixes, and remembered details, even when nobody says thanks.

Monthly Check In

Three things that went right this month

Something I said no to, and how it felt

The affirmation I needed most

One small thing for next month